

Quest Food Management

Recipe Sizing Report

Jan 13, 2015

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002192 - cereal nutrigrain strawberry g : nslp	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #1 No Cook Number of Portions: 1 Size of Portion: each	Meat/Alt: Grains: 1 oz Fruit: Vegetable: Milk:				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
903673 cereal nutrigrain strawberry gfs 209761...	1 each	

*Nutrients are based upon 1 Portion Size (each)

Calories	160 kcal	Cholesterol	0 mg	Sugars	14.0 g	Calcium	200.00 mg	22.50%	Calories from Total Fat
Total Fat	4.00 g	Sodium	150 mg	Protein	2.00 g	Iron	1.80 mg	2.81%	Calories from Saturated Fat
Saturated Fat	0.50 g	Carbohydrates	27.00 g	Vitamin A	750.0 IU	Water ¹	0.00 g	0.00%	Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	3.00 g	Vitamin C	0.0 mg	Ash ¹	0.00 g	67.50%	Calories from Carbohydrates
								5.00%	Calories from Protein

*N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - denotes optional nutrient values

2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Product Information for 209761 BAR STRAWB WGRAIN 96CT NUTRIGRAIN

Manufacturer: KELLOGG GROCERY			
Pack	96/CASE	Manufacturer #	3800059772
Portion Size	EA	Net Weight	9.3
Portion/Case	96	UPC Code 1	38000597732
Kosher	Yes		
Price	25.95		

Quantity Invoiced Over Last 6 Weeks

1/25/2015	2/1/2015	2/8/2015	2/15/2015	2/22/2015	3/1/2015
0	0	0	0	0	0

Other Information

Other Information	
Item Yield	CASE = 96-1.55Z NUTRI-GRAN CEREAL BAR, STRAWBERRY
Shelf Life	COOL DRY STORAGE = 240 DAYS FROM DATE OF PRODUCTION
Thawing Instructions	NONE
Basic Preparation	READY-TO-EAT
Merchandising Idea	** NUTRI-GRAIN CEREAL BARS ARE ENRICHED WHEAT FLOUR CEREAL BARS WITH WHOLE OATS. CONTAINS 8G OF WHOLE GRAIN. FILLING MADE WITH REAL STRAWBERRY PUREE CONCENTRATE. LOW IN FAT AND NO PRESERVATIVES. ** TARGET SEGMENT INCLUDES K-12, HEALTHCARE, DAY CARE, AND CAMPS ** SERVE AS GRAB AND GO SNACK

Nutritional Information for BAR STRAWB WGRAIN 96CT NUTRIGRAIN

Product Number:	209761
Description:	AP Bar, Strawb, Nutri-Grain, Kellogg's

Nutritional Information			
Serving Size 1 each (44 g)			
Amount Per Serving			
Calories 160		Calories from Fat 36	
% Daily Value			
Total Fat	4 g	6%	
Saturated Fat	.5 g	3%	
Trans Fat	0 g		
PolyUnSat	n/a	n/a	
MonoUnSat	n/a	n/a	
Cholesterol	0 mg	0%	
Sodium	150 mg	6%	
Potassium	n/a	n/a	
Total Carbs	29 g	10%	
Dietary Fiber	3 g	12%	
Sugars	14 g	n/a	
Protein	2 g	4%	
Vitamin A -	15%	Vitamin C -	0%
Calcium -	20%	Iron -	10%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

Water Soluble Vitamins		Minerals	
Thiamin B1	.45 mg	Phosphorus	n/a
Riboflavin B2	.51 mg	Zinc	1.5 mg
Niacin B3	6 mg	Magnesium	n/a
Pyridoxine B6	.6 mg	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	200 mg
Vitamin C	0 mg	Iron	1.8 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a